

## The Project

The aim of the project Breaking the Cycle of Violence is to help vulnerable women who are in heightened risk of domestic violence or victims to break from the cycle of violence.

The project has identified four target groups – LGBTI women, disabled women, migrant women and victims of domestic violence – who were given specialised mentoring sessions on identifying signs of violence, support services available to them amongst other topics. Apart from this, the project included an awareness raising campaign for the general public, a train the trainer programme with Malta Girl Guides (MGG) and Scouts Association Malta as well as information sessions with advocates, HR personnel and public service employees.

## Il-Proġett

L-għan tal-proġett Breaking the Cycle of Violence huwa li jgħin lil nisa vulnerabbli li jinsabu f'riskju akbar ta' vjolenza domestika jew vittmi biex ikissru ċ-ċiklu tal-vjolenza.

Il-proġett identifika erba' gruppi fil-mira – nisa LGBTI, nisa b'diżabilità, nisa migranti u vittmi ta' vjolenza domestika – li ngħataw sessjonijiet ta' mentoragg' speċjalizzat dwar l-identifikazzjoni ta' sinjali ta' vjolenza, is-servizzi ta' appoġġ disponibbli għalihom fost suġġetti oħra. Minbarra dan, il-proġett inkluda kampanja ta' sensibilizzazzjoni għall-pubbliku ġenerali, programm ta' taħriġ għal min iħarreg mal-Malta Girl Guides (MGG) u l-Assoċjazzjoni tal-Iscoots ta' Malta kif ukoll sessjonijiet ta' informazzjoni ma' avukati, persunal tar-rizorsi umani u impjegati tas-servizz pubbliku.

## Professional Services

Supportline	179
Emergency Line	112
Legal Aid	25674330
Victim Support Malta	21228333
Social Work Unit Gozo	21556630
Mental Health Malta	23304313
Dar Merħba Bik	21440035
Dar Emmaus	21552390
SOAR Support Group (SJAF)	21808981
Women's Rights Foundation	79708615
Rainbow Support Service (LGBTIQ)	21430009
Fondazzjoni Dar il-Hena	27888211
Programm Sebħ-Dar Qalb ta' Ġesù	21482504
Kellimni	kellimni.com



MINISTRY FOR EUROPEAN AFFAIRS  
AND EQUALITY



## GENDER-BASED VIOLENCE AND STEREOTYPING



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## GENDER STEREOTYPING

Gender stereotypes are preconceived ideas whereby females and males are arbitrarily assigned characteristics and roles determined and limited by their gender.

Gender stereotyping is a frequent cause of discrimination against women and a contributing factor in violations of a vast array of rights such as freedom to work, freedom of expression, and freedom from gender-based violence.



It's okay to break the stereotypes!



Men and women have equal familial responsibilities.



Victims shall not be blamed under any circumstance. Violence is never justified!

## GENDER STEREOTYPING IN GENDER-BASED VIOLENCE

- Men are the heads of households.
- A man may use violence to discipline his partner.
- Women have the duty to fulfil their roles as wives/ mothers.
- A man may use violence to control women who are not performing their roles as mothers/ caregivers.
- A man is not held responsible for his sexual 'misconduct' especially if 'provoked' (e.g. by women's clothing/ drunk behaviour) & an immodest woman shall thus accept the blame of assault.
- Women are men's sexual property.



## STERJOTIPIZZAZZJONI TAL-ĠENERU

L-isterjotipi tal-ġeneru huma ideat konċeputi minn qabel fejn in-nisa u l-irġiel b'mod arbitrarju jiġu assenjati karatteristiċi u rwoli determinati u llimitati mis-sess tagħhom.

L-isterjotipizzazzjoni tal-ġeneru hija kawża frekwenti ta' diskriminazzjoni kontra n-nisa u fattur li jikkontribwixxi għall-ksur ta' firxa vasta ta' drittijiet bħal-libertà li taħdem, il-libertà tal-espressjoni, u l-libertà minn vjolenza abbażi tal-ġeneru.

## L-ISTERJOTIPIZZAZZJONI TAL-ĠENERU FIL-VJOLENZA ABBAŽI TAL-ĠENERU

- L-irġiel huma l-kapijiet tad-dar.
- Raġel jista' juża l-vjolenza biex jiddixxiplina s-sieħba tiegħu.
- In-nisa għandhom id-dmir li jissodisfaw ir-rwoli tagħhom bħala nisa miżżewġin/ommijiet.
- Raġel jista' juża l-vjolenza biex jikkontrolla nisa li mhumiex qegħdin jaqdu r-rwoli tagħhom bħala ommijiet/persuni li jindokraw.
- Raġel ma jinżammx responsabbli għall-"imgiba hażina" sesswali tiegħu speċjalment jekk gie "provokat" (eż. mill-hwejjeġ tan-nisa/kien fis-sakra) u għalhekk mara bla dekor għandha taċċetta t-tort tal-attakk.
- In-nisa huma l-proprjetà sesswali tal-irġiel.



Huwa tajjeb li jinqerdu l-isterjotopi!



L-irġiel u n-nisa għandu jkollhom l-istess responsabbiltajiet tal-familja.



Il-vittmi m'għandhomx jingħataw it-tort taht l-ebda ċirkostanza. Il-vjolenza qatt mhi ġustifikata!