

Breaking the cycle of violence



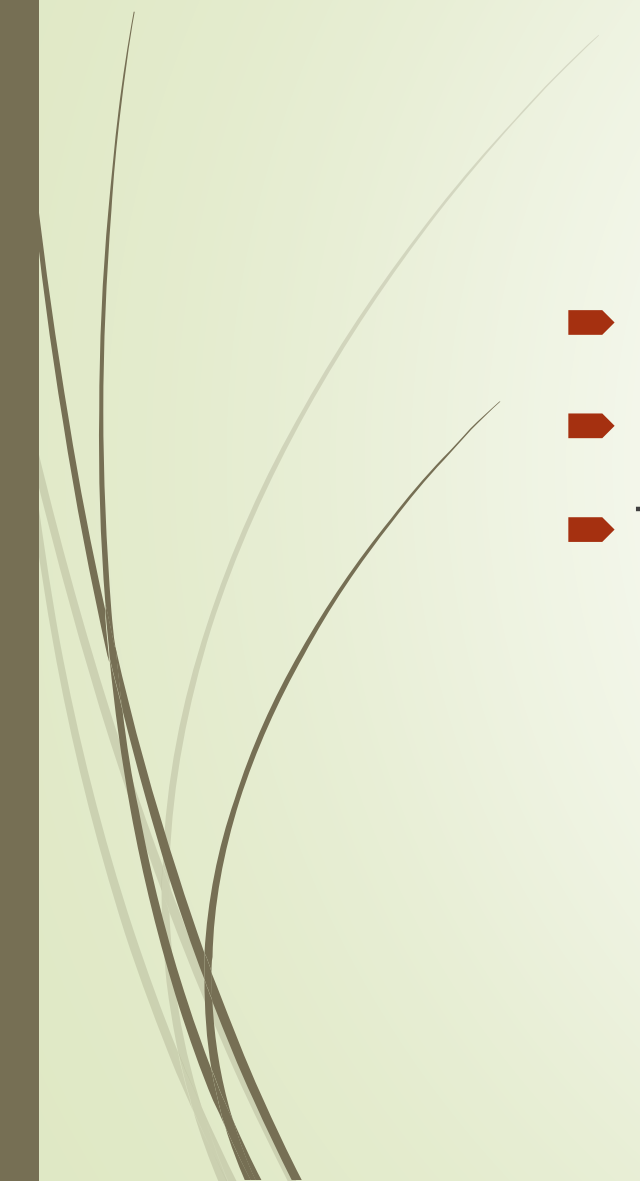
Co-funded by the Rights, Equality
and Citizenship (REC) Programme
of the European Union



MINISTRY FOR JUSTICE,
EQUALITY AND GOVERNANCE



GUIDELINES

- ▶ PLEASE COULD YOU SWITCH OF YOUR PHONE
 - ▶ RAISE YOUR HAND IF YOU WANT TO SPEAK
 - ▶ THERE ARE NO WRONG ANSWERS
- 



Outline of the workshop

- Introduction
- Small break (15min)
- PART I: Let's play a game!
- Be a ladylike + Act like a man
- Discussion
- Break time (30min)
- PART II : Gender stereotypes
- Differences doesn't mean inequalities
- Stereotypes
- END

WHAT IS YOUR HOBBY?






Break (15min)




Be a Ladylike...

- ▶ Take a post-it and write 3 main characteristics of women
 - ▶ Insert the post-it in the box
- 



Act like a man...

- ▶ Take a post-it and write 3 main characteristics of men
 - ▶ Insert the post-it in the box
- 

Do real men cry? Really?



In your opinion what is the most appropriate?



Men don't leave the Kitchen!

We all know a man's place is in the home, cooking a woman a delicious meal. But if you are still enjoying the single life and don't have a little mister waiting on you, then come on down to Hardee's for something sloppy and hastily prepared.



Women don't leave the Kitchen!

We all know a woman's place is in the home, cooking a man a delicious meal. But if you are still enjoying the bachelor's life and don't have a little miss waiting on you, then come down to Hardee's for something sloppy and

What does it mean to act like a girl?

- ▶ <https://www.youtube.com/watch?v=XjJQBjWYDTs>

What's sports women are supposed to do?



Is a women supposed to do this kind of sport?





**Samira
Bennani**

**What do you think she is
good at?**





Nawal El Moutawakel

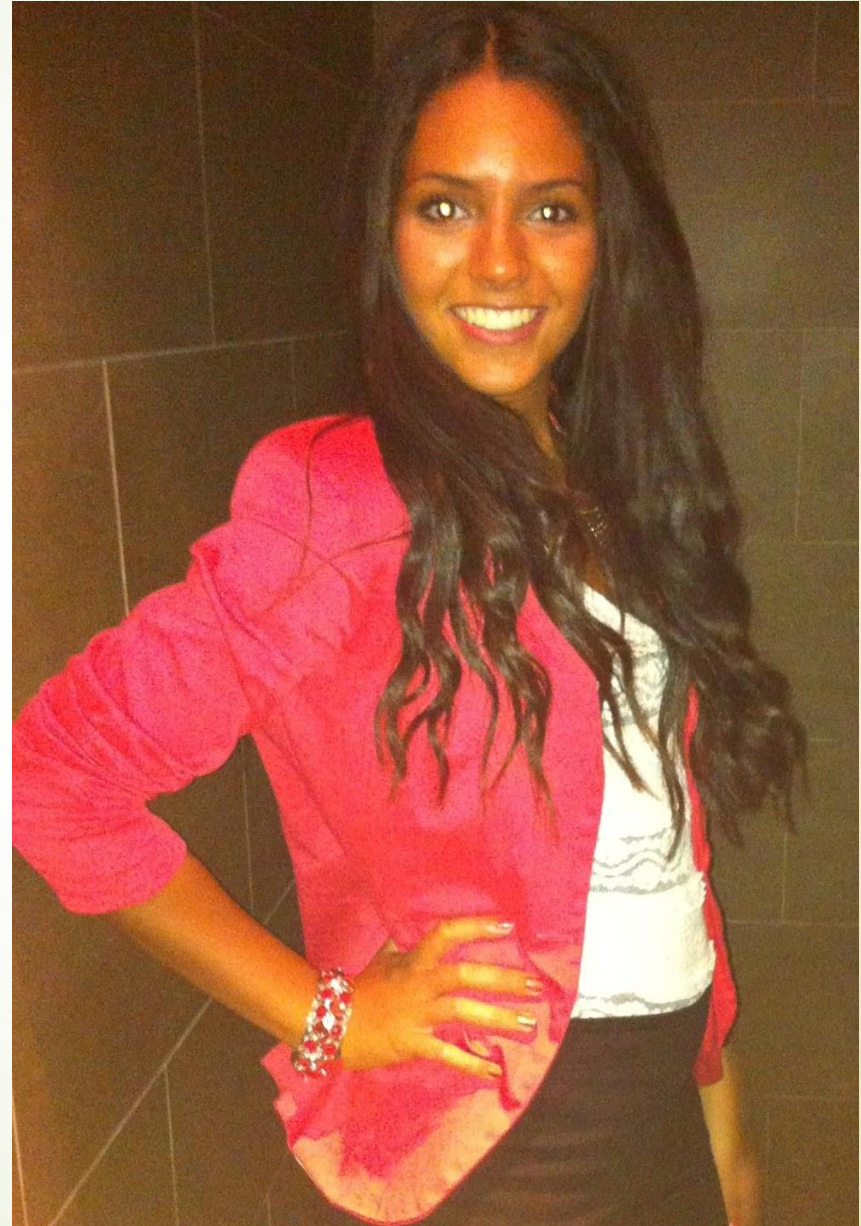
► <https://www.youtube.com/watch?v=DQYzZxuJpbE>

What do you think about this girl?

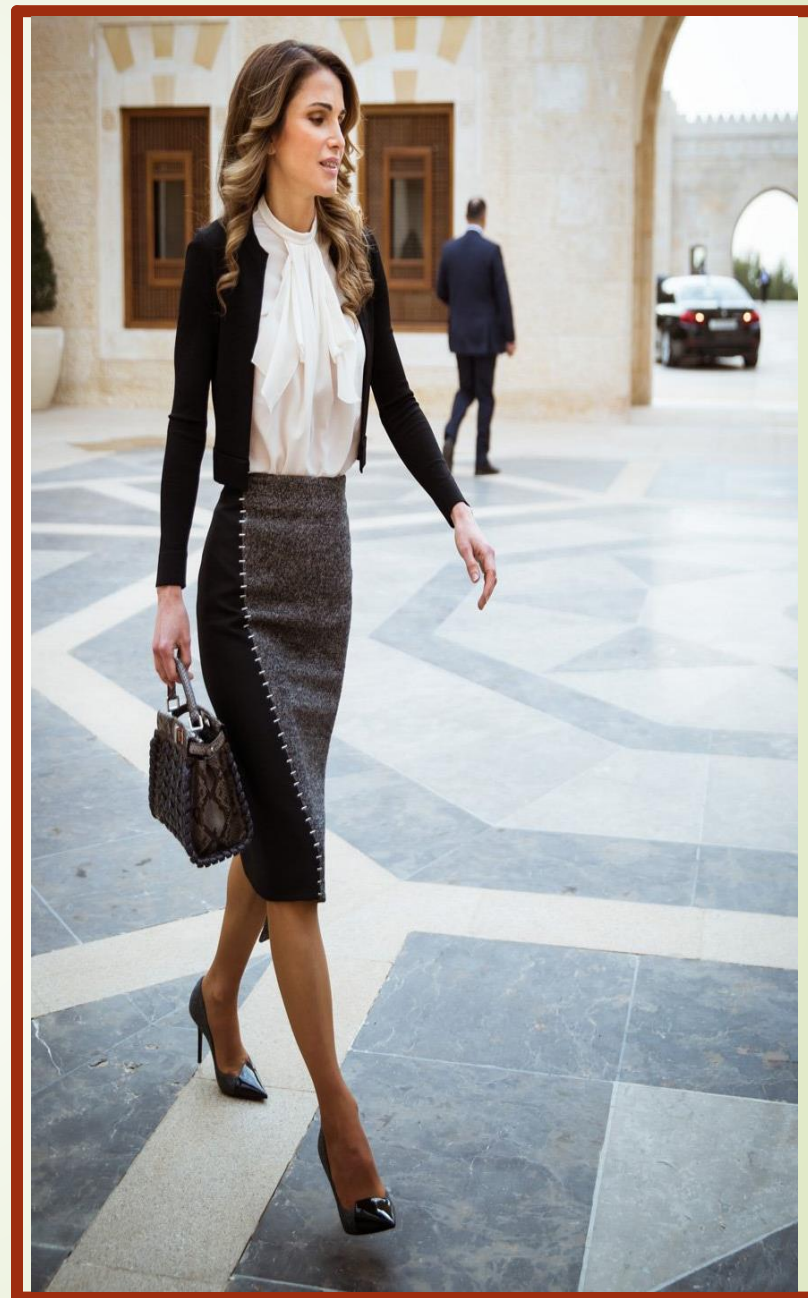




Myriam Sahili



What is her job?





Queen Rania of Jordan

- ▶ <https://www.youtube.com/watch?v=oHvfFK9qWE8>



**What is
her
job?**

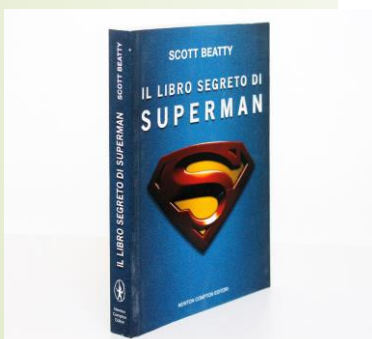
Manal Al Sharif





Break (30min)

WHICH TOYS ARE FOR FEMALE AND WHICH FOR MALE?





► In your opinion, where do we learn these gender roles and what other people influence our learning of gender roles ?

Gender stereotypes




Difference does not mean inequality

DIFFERENCE

Lack of identity, similarity or correspondence between people or things that are different in nature or quality and characteristics


INEQUALITY

Relationship which states that one is more or less important than the other, or that one is greater than or less than another of the same class



What is the difference between sex and gender?

SEX	GENDER
<p data-bbox="708 639 1302 694">= male and female</p> <p data-bbox="558 791 1391 1082">Sex refers to biological differences; chromosomes, hormonal profiles, internal and external sex organs.</p>	<p data-bbox="1538 639 2339 694">= masculine and feminine</p> <p data-bbox="1490 791 2379 1082">Gender describes the characteristics that a society or culture delineates as masculine or feminine.</p>



So while your sex as male or female is a biological fact that is the same in any culture, what that sex means in terms of your gender role as a 'man' or a 'woman' in society can be quite different cross culturally. These 'gender roles' have an impact on the health of the individual.

In sociological terms 'gender role' refers to the characteristics and behaviours that different cultures attribute to the sexes. What it means to be a 'real man' in any culture requires male sex plus what our various cultures define as masculine characteristics and behaviours, likewise a 'real woman' needs female sex and feminine characteristics. To summarise:



a 'real man', 'masculine'
or 'manly'



a 'real woman', 'feminine'
or 'womanly'

Social construction of gender



In the process of learning one's own gender, children and girls are guided by positive or negative sanctions that act to reward or repress certain behaviors





STEREOTYPES

the stereotype is the claim to describe not only the complexity, but also the multiplicity and difference of the masculine and feminine, setting it rigid models, in common places.

Repeated over time, they lead to believe that what they suggest is normal.

they are vehicles of common sense, but they are not always harmless because they are valid as grounds for exclusion and inclusion within a group. the communication that they convey is hardly the sign of change



Stereotypes produce prejudices

judgment preceded by the evaluation of the facts. unfavorable and hostile attitude that has superficial features, undue generalization and rigidity, implying a refusal to question the validity of the attitude itself and the persistence to verify its consistency and consistency.

Stereotypes are often transmitted and received unconsciously So it is important to understand how the transmission mechanism works and make it visible in order to change message contents.

gender stereotypes are a subclass of stereotypes, and are among the most widespread in society. when one associates, without reflecting, a category or behavior to a gender, one uses this type of stereotype.



The End

Any Questions?

