



Breaking the cycle of violence 3^o session



Co-funded by the Rights, Equality
and Citizenship (REC) Programme
of the European Union



MINISTRY FOR JUSTICE,
EQUALITY AND GOVERNANCE

GUIDELINES

- PLEASE COULD YOU SWITCH OFF YOUR PHONE
- ONE PERSON TALKS AT A TIME
- RAISE YOUR HAND IF YOU WANT TO SPEAK
- THERE ARE NO WRONG ANSWERS
- WE OFFER ONE ON ONE COUNSELLING SESSIONS






**WE RESPECT THE PRIVACY OF EACH
OTHER**



Outline of the workshop

- Let's play!
 - Different kind of violence
 - Game again :)
 - Break (10 min)
 - Story of consentment
 - Reaction
 - BREAK (10 min)
 - Feedback & discussion
 - END
- 



LET'S PLAY!



Different type of violence

SEXUAL VIOLENCE



SEXUAL VIOLENCE

- Touching in a sexual manner without consent
- Forced sexual intercourse
- Forcing a person to perform sexual acts that may be degrading or painful
- Beating sexual parts of the body
- Making unwelcome sexual comments or jokes, leering behaviour
- Forced prostitution

Financial violence



FINANCIAL VIOLENCE




Physical violence





Physical violence

- Using physical force which result pain, incomfort or injury
 - Hitting, pinching, hair-pulling, arm-twisting, strangling
 - Assault with a weapon or other object
 - Threat with weapon or other object
 - Deliberate exposure to severe weather or inappropriate room temperature
 - Murder
- 

Psychological violence



How can you recognize psychological violence?

- **CONTINUOUS DEVALUATION:**

**CRITICISM ON
HER PERSON, HER
WORK, HER WAY
OF LIVING OR
INTERACTING
WHITH OTHERS**

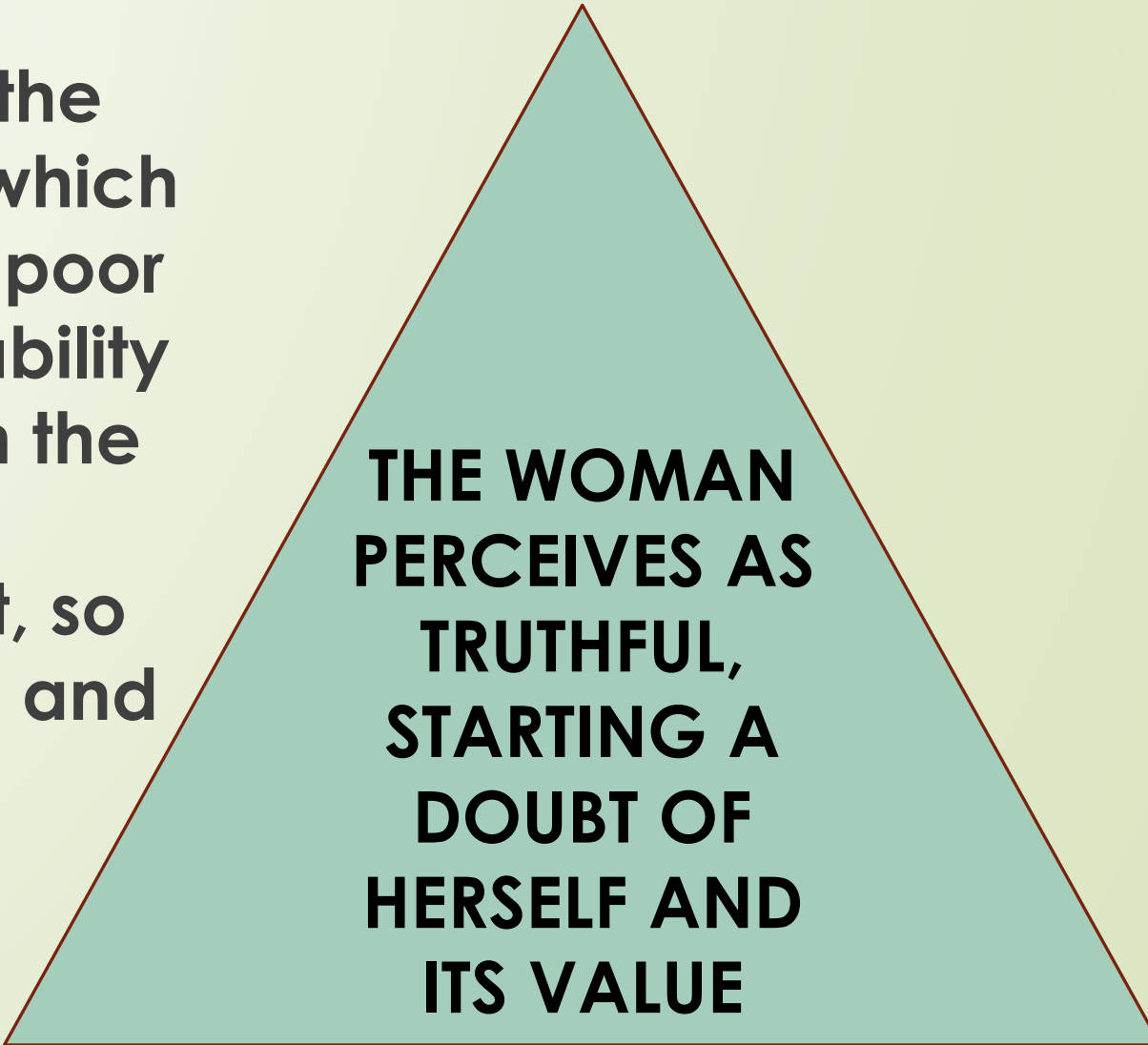
**SIMPLY
CRITICISM
ON
CLOTHING
OR MAKEUP**

**CRITICISM AND
HUMILIATION
CONTINUES,
COMPLETELY
FREE AND
UNFOUNDED**

**HEAVY AND
DENIGRATING
CONSIDERATI
ONS OR REAL
INSULTS**

Consequences of this violence

- The one that puts in place the partner, is a petty tactic - which undoubtedly stems from a poor self-esteem and a total inability to love and be loved - with the aim of making you feel inadequate and not height, so as to be even more bound and dependent on him.



**THE WOMAN
PERCEIVES AS
TRUTHFUL,
STARTING A
DOUBT OF
HERSELF AND
ITS VALUE**

Tactics

- Tactics of silence
- Passive-aggressive attitudes
- The victim's game
- Gaslighting
- Pathological jealousy
- Discredit of the people close to the partner
- Threats and continuous blackmail



BREAK (10 MIN)

**PLEASE BE INFORMED THAT WE
OFFER ONE ON ONE
COUNSELLING SESSIONS
(tell your friends too)**





GAME



CONSENTEMENT

<https://www.youtube.com/watch?v=VYkB-E34fJs>

,

,

<https://www.youtube.com/watch?v=z4g7KqwbQwQ>

,

,

<https://www.youtube.com/watch?v=3uvXexYjitI>



DISCUSSION



BREAK (10 MIN)



**PLEASE BE INFORMED THAT WE
OFFER ONE ON ONE
COUNSELLING SESSIONS**



QUIZ



MEN CAN BE SEXUALLY ASSAULTED.



**RAPES ARE RARELY REPORTED TO THE
POLICE**



**THE WAY A WOMAN IS DRESSED IS
OFTEN WHY SHE IS RAPED**



**WHEN A WOMAN SAY NO SHE REALLY
MEAN “MAYBE” OR “YES”**



**SEXUAL HARASSMENT IS A FORM OF
SEXUAL ASSAULT**



**THE CULTURE THAT WE LIVE IN
CONTRIBUTES TO VIOLENCE**



Services in Malta



Supportline (179) & Police Emergency line (112)

Supportline | Foundation for social Welfare Services:

Provide immediate and unbiased help to those seeking information, support and/or require a referral to social service agencies.

- Offering support
- Information about local social welfare services and other agencies
- Referral service to callers who requires support.
- National service to people who are in times of difficulty or crisis.

Supportline 179 receives calls on situations of amongst others child abuse, domestic violence, drug/alcohol/gambling problems, depression and other mental health problems. Encourage people (adults) to phone for help themselves.

[No legal or medical consultations]

Agenzija Appogg (Domestic Violence Services)

These services are committed to the promotion of a society with zero tolerance to violence. The services offered are:

- Domestic Violence Unit: Provides specialized social work services to victims of domestic violence. The service is made up of a team of professional social workers, who provide support to victims of domestic violence and their children. By providing them with immediate assistance to meet their immediate needs, helping them develop a safety plan, as well as providing ongoing support.
- Għabex Emergency Shelter: Emergency shelter for women victims of domestic violence and their children. Its aim is to provide an immediate safe environment to female victims of domestic violence and their children, who require immediate protection (up to three months).
- Managing Abusive Behaviour Services: It aims to assist men who are abusive in intimate relationships, to become aware of, understand and take responsibility for their behaviour, thus encouraging change. This is done through a group programme spanning over 22 weeks.

Legal Aid Malta



Legal Aid Malta envisions access of a justice system to low-income persons to defend their rights and have their voices heard for their basic needs and improve their quality of life
→to ensure that the low-income persons are professionally and legally represented in a broad spectrum.

Tel: 2567 4330 | Email: info.legalaidmalta@gov.mt

Dar Merhba Bik



To work with women who have experienced domestic violence and to help them establish a way of life which best meets their needs and which best helps them to develop their potential:

- By providing safe shelter to abused women and their children.
- By offering psycho-social services such as counseling, therapy, and support.
- By promoting the re-integration of residents into the community.
- By helping the residents find alternative accommodation.
- By enhancing public awareness about the issue of domestic violence.

Tel: 21440035 | Email: darmerhbabik@gmail.com | www.darmerhbabik.org



Aditus

- Non-governmental organization by a group of young lawyers (2011).
They believe in the interdependence & indivisibility of all human rights.
The mission is to promote a society where all persons are able to access and enjoy all their fundamental human rights. Where this is not possible, access to justice and remedies should be provided.
- In practical terms, we *monitor, report* and *act* on access to human rights by individuals and groups.

Tel: +356 2010 6295 | Email: info@aditus.org.mt

Victim Support Malta



A registered NGO which provides support and assistance to victims of crime, such as theft and burglary, domestic violence, sexual assault, harassment, discrimination and cybercrime:

- Provision of emotional support to assist victims in overcoming trauma following a crime
- Legal information pertaining to the relative criminal procedures (e.g. the victims' right to request compensation and to access forms of protection provided by the law)
- Practical assistance (e.g. liaison with the police, or other ancillary matters).

Tel: +356 2122 8333 | Email: info@victimsupport.org.mt

SOAR Support Group



SOAR is a user-led service that works towards enabling survivors of violence in intimate relationships to make them more resilience and support towards a life of dignity, well-being and justice, through three services:

- Support group: support and sisterhood among group members so as to overcome isolation and alienation from the violent relationship they had.
- Educational workshops: and raise awareness with the public, on the realities of the experience, on the signs, the red flags and on how one can find help and support.
- Advocate for improved policies, laws and practices that serve to bring social justice to victims and survivors of violence.

Tel: 2180 9011 | Email: sjafngo@gmail.com



Womens Right Foundation

Womens
Rights
Foundation

Informing, Educating and Empowering women concerning their legal rights.

Aims to ensure that:

- Women's rights are protected through policy and law reform.
- Raise awareness and offer training to end violence against women.
- Provides free legal advice and initial legal representation to women who are survivors of domestic violence, sexual assault, human trafficking and discriminated against due to their gender.
- Presentation next week!

Tel: +356 79708615 | info@wrf.org.mt



**PLEASE BE INFORMED THAT WE OFFER
ONE ON ONE COUNSELLING SESSIONS**



The End

Any Questions?