

# *BREAKING THE CYCLE OF VIOLENCE*



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MINISTRY FOR JUSTICE,  
EQUALITY AND GOVERNANCE

## THIRD SESSION - COMMUNICATION

- 5.00- 5.30: Round Robin and Activity to introduce communication
- 5.30- 6.00: Brainstorming on Communication
- 6.00- 6.30: Break
- 6.30- 7.25: Activity and Processing - Artist's exercise
- 7.25- 7.30: Termination of session

# ACTIVITY - GAME TELEPHONE

- A scenario is given to the first participant which is passed on to other participants individually with the last participant repeating the story as heard and understood.
- Rationale:
  - To create awareness about the importance of communication
  - To understand how communication is understood, perceived, interpreted, summarized and sometimes altered.
  - To understand the importance of effective communication

# BRAINSTORMING ON COMMUNICATION

- The different ways of communication including one way/ two way communication, verbal and non-verbal.
- The Barriers for effective communication including environment, language, culture etc

## Rationale:

- To understand importance of effective communication and barriers for effective communication

## ACTIVITY - ARTIST'S EXERCISE

- Activity to practice and experience communication skills, limitations and clarification.
- Rationale
- To experience the difference between effective and non effective communication
- To understand the importance of effective communication.

# TERMINATION

- Closure : Round Robin
- Discuss importance of communication for each individual participant.