

BREAKING THE CYCLE OF VIOLENCE



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MINISTRY FOR JUSTICE,
EQUALITY AND GOVERNANCE

SIXTH SESSION – WOMEN’S RIGHTS AND RELATIONSHIPS

- 5.00 - 5.05 Ice breaker
- 5.05 - 6.00 Video/Lecture
- 6.00 - 6.30 Break
- 6.30 - 7.15 Building Healthy relationships
- 7.15 - 7.30 Closure

LECTURE – WOMEN’S RIGHTS

Video – Important milestones in the UK

Lecture - Important milestones in Malta – Rights and Laws

Where is the women’s place in society today?

How has culture and history influenced the role of women along the years?

Discussion

ACTIVITY - RELATIONSHIPS

In groups of two-

Write down the qualities that makes a relationship healthy?

What qualities does one need to look for in a relationship?

Sharing and discussion

TERMINATION OF SESSION

- Round robin – Mention a woman who has inspired you and why.
- Closure and positive reinforcement.