

BREAKING THE CYCLE OF VIOLENCE



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MINISTRY FOR JUSTICE,
EQUALITY AND GOVERNANCE

EIGHTH SESSION – CLOSURE AND NEW BEGINNINGS

- 5.00 - 5.30 Closure Activity
- 5.30 - 6.00 Commitment to self
- 6.00 – 6.30 Evaluation
- 6.30 - 7.30 Social Gathering

ACTIVITY

- **To share something they can do, learned in the sessions that helps them plan or begin to plan their life in a meaningful way.**
- **To share small gifts/thoughts to each other**

RATIONALE

- **Recap what has been learnt in the course.**
- **Celebrate the successes of the course and how far the women have come.**
- **Get to know each other in a less structured and more social setting.**
- **Gain an awareness of individual strengths.**
- **Accept the ending of the course.**
- **Anticipate new beginnings.**